

LUNCH & EARLY DINNER MENU

~ 2 courses £14.95 ~ 3 courses £17.95 ~

Tuesday to Saturday, Lunch from 12.00 to 2.30pm, Dinner from 5.00 to 6.30pm

STARTERS

LA SOPA del DIA (V)

Homemade soup of the day served with homemade bread.

BLANCHBAIT

Breaded deep fried whitebait served with tartare sauce

ANDALUSIAN MEATBALLS

Meatballs cooked in tomato sauce, garlic and chilli served with toasted chiabata

AVOCADO WITH PRAWNS (GF)

Avocado and Norwegian prawns seasoned with mayo, extra virgin olive oil, lemon zest and honey.

MAIN COURSES

POLLO CALABRESE (GF)

Pan fried chicken supreme with red onions, roasted "ROMANA" mixed peppers, wild mushrooms, spicy "Nduja" sausage, red wine, tomatoes and basil served with roasted "Royal Jerseys"

PANCETTA DI MAIALE

Slow cooked crispy pork belly served in a bed of wholegrain mustard mash, "GRAHAM'S" port, apple and red wine sauce reduction

SPEZZATINO MEDITERRANEVM

Diced beef fillet steak cooked with Madeira wine, wild mushrooms, red peppers and cream, served with pilaf rice.

PEZ ESPADA A LA PLANCHA

Grilled swordfish steak served in a bed of new potatoes, wilted spinach with cherry tomatoes, capers, olives and white wine sauce

LINGUINI PRIMAVERA

Linguini pasta, courgette, mushrooms, asparagus, cherry tomatoes, garlic, onions, basil and white wine

DESSERTS

Tiramisu (V)

Choice of 2 Scoops of Ice Cream (V)

Cheesecake of the day

Important information about this menu. Please read carefully:

V - Suitable for Vegetarians. VG - Suitable for Vegans. GF - Gluten Free. Please note we cannot guarantee any products on this menu are free from nuts or nut derivatives, or that fish products on this menu are free from bones. If you have any specific food allergies, please consult a member of staff. We will happily provide information regarding our ingredients.